

# WELCOME

**VISION** *The Wyong Catholic Parish is a welcoming, caring dynamic community*

**MISSION STATEMENT** *We will live and proclaim the message of the Gospel :  
Engage, Participate, Reach out and Transform*

22nd February 2026 - 1st Sunday of Lent

**WYONG CATHOLIC PARISH**

**ST CECILIA'S CHURCH, ST JOHN FISHER MASS CTR & ST PETER'S CHAPEL**

**Under the Pastoral Care of the  
Society of Our Lady of The Most Holy Trinity (SOLT)**

## REFLECTION – First Sunday of Lent

All religions and cultures have a sacred story that describes the beginning of the world. Most begin with everything being good and then things go wrong. Our story is that of the garden of Eden. Adam and Eve did not listen to the word of God. They listened to the serpent instead and turned away from God. However, their disobedience was overcome when God's promise of salvation was fulfilled. Jesus came in the name of God and lived by the word of God thus showing an obedience that Adam and Eve lacked.

In the Gospel today Jesus has just been baptised and affirmed as the beloved Son of God so he goes into the desert to discern what this could really mean. His identity and relationship with God are challenged but he listens only to God and trusts in the truth of God's word.

Today's readings encourage me to take time to listen more deeply to God's word, to face the truth of my identity and my relationship with God. Is my relationship with God being tested? Where do I notice the grace of God keeping me strong?

I pray that I may fix my eyes more and more on Jesus as Lent progresses.

*Reproduced from God's Word 2026: Daily Reflections, Published by St Pauls Publications, Strathfield.*



*“Man does not live on bread alone but on every word that comes from the mouth of God.”*

*Matthew 4:4*



### WYONG CATHOLIC PARISH SACRAMENTAL PROGRAM

Please use the relevant QR Code to register your interest  
and receive the updated information regarding your  
interest.

WYONG PARISH - SACRAMENTAL  
PROGRAM - EXPRESSIONS OF  
INTEREST 2026



St Cecilia & State Schools

ST JOHN FISHER - SACRAMENTAL  
PROGRAM - EXPRESSIONS OF  
INTEREST 2026



St John Fisher Students

## Diocesan Justice and Peace Gathering

All are warmly invited to a relaxed Justice & Peace "Meet & Greet" Gathering at St Kieran's Parish Hall, 2 King Street, Manly Vale On **Monday, March 2 at 7:00pm.**

This will be an informal evening to connect with others who have a heart for justice, peace, and the dignity of every person. Come and meet fellow parishioners, social justice volunteers, St Vincent de Paul members, and young adults from across the Northern Beaches.

## WYONG PARISH COMMUNITY COLLECTIONS 2026

Each year as a parish we support the disadvantaged members of the community. This year once again we will support the **Wyong Neighbourhood Centre.**

We ask that individual items are placed in the special collection trolleys or containers which will be available at both churches.

This collection drive will run from: **18 February - 11 April**

Please see below suggested items which can be donated. These items are those specifically needed by the disadvantaged people the charity supports. Suggested donated items may include: Long-life milk, Noodles, Pasta, rice, good quality tinned fruit, food and meals (with ring pulls), Soups, spaghetti, Museli bars and long life snacks, Breakfast Biscuits/Cereal, UHT Milk, Noodles, Crackers, , Lollies/Chocolate, Chips, Tea, Cappuccino sachets, Water/Juice, Beans, Gloves, Scarves, socks & Blankets. Please place all donations into the special trolley or the plastic containers provided in the Church. Thank you for your generous help which is most appreciated.

**More information on the charity can be found at the web address listed:** Wyong Neighbourhood Centre Inc: <https://www.wnci.org.au>



The month of February is traditionally dedicated to the **Holy Family** (Jesus, Mary, and Joseph) in the Catholic tradition, focusing on their life in Nazareth as a model of virtue for Christian families. This devotion emphasizes daily, quiet holiness, faith, and love within the home, often highlighting the theme of the "domestic church".

### A Few Ways to Celebrate Special Devotions and Traditions

- **Consecration of the Family:** Many families choose to Formally consecrate themselves to the Holy Family during this month.
- **Pray the Rosary Together.**
- **Strengthen and/or affirm your family's devotion to the Eucharist by going to Mass together as the nourishment of family life.**
- **Share stories of beloved family members.**

**Prayer: JESUS, Son of God and Son of Mary, bless our family.**

Graciously inspire in us the unity, peace, and mutual love that you found in your own family in the little town of Nazareth.  
**MARY, Mother of Jesus and Our Mother, nourish our family with your faith and your love.**

### STATIONS OF THE CROSS

Station of the Cross will be held on **every Friday** evening throughout Lent (excluding Good Friday) at **6pm** in **St Cecilia's Church.**



### ANGLICAN CARPARK

We ask parishioners, please do not park in the Anglican Car park, especially the disabled zone. This is reserved for their parishioners/visitors.



### Broken Bay Lenten Booklet

The Broken Bay Lenten Booklet invites prayerful reflection during Lent. For each of the six weeks of Lent, the booklet includes a reading of the Gospel text; a reflection on the text; and a personal experience related to the text. The materials and reflections have been prepared by the Broken Bay community. Booklets will be available for collection this weekend and can be found at the back of the Church.

## CHILDREN'S LITURGY CALLING ALL CHILDREN!

All families are welcome. Join us on Sunday's for Children's Liturgy of the Word—a joyful time to reflect on the Sunday Gospel reading, pray together, and share our faith in a child-friendly way.

Children return to the church for the Liturgy of the Eucharist (*Children under 5yrs of age must be accompanied by a parent or guardian at all times.*)



Share your talents and skills in the ministry/ ministries where you are called to be.

JOIN US!

### Volunteer Roles include:

- Maintenance /Mowing upkeep
- Altar Servers
- Linen Upkeep
- Catechist or a helper
- Cleaning
- Choir/ Musician
- Children's Liturgy Helper (Sun)

Speak to one of our Priests or contact the office



02 4352 1011



**PROJECT  
COMPASSION**

**First Sunday of Lent  
21–22 February 2026**

**UNITE  
AGAINST  
POVERTY**  
this Lent

Project Compassion 2026 shares four stories from around the world. We'll meet Sisilia from Tanzania, Monoranjon from Bangladesh, Manaini from Fiji and Ahmad from Gaza.

Each of this year's stories highlights unique challenges, yet they are united by the determination to rise above adversity and to build brighter, more hopeful futures for themselves, their families and their communities.

**Please donate today.**

You can support Project Compassion 2026 through the donation boxes, envelopes or by scanning the QR code.

**Or online at:** [www.projectcompassion.org.au/donate](http://www.projectcompassion.org.au/donate)

**Or by calling:** 1800 024 413

Thank you for standing with us, as we *Unite Against Poverty this Lent.*



365 Pacific Highway  
North Wyong NSW 2259  
PO Box 786  
Wyong NSW 2259



Ph: 02 4351 8004  
Ph: 02 4392 8777

## BOWDEN FAMILY FUNERALS

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Anita Bowden - Director  
[anitabowden@cci.net.au](mailto:anitabowden@cci.net.au)



*We do not think of it as a job...  
it is an Irish honour.*



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[www.tuggerahphysio.com.au](http://www.tuggerahphysio.com.au)

## PPC MEETING 10 FEBRUARY 2026 REPORT

- **Diocesan's 40<sup>th</sup> Anniversary.** The focus of this will be preparation for the Diocesan Synod 30 April- 2 May 2027. Special activities will include:- Celebration 28 May; Dinner 29 May; Synod agenda assemblies August / September; Regional Confirmation November.
  - **Social Justice** will be the parish focus for 2026 with additional emphasis of 'hands on'. Our support charity collection will again be for the Wyong Community Centre. These donations are asked to be made from 18 February to 11 April.
  - **A security grant** has been submitted asking for a total of \$30,000. The update to our 2 entrances, vehicular and pedestrian, with gates and security fencing will cost \$10,000, while the CCTV update back to the parish office will cost \$20,000. These updates will mean that all parts of our grounds will be able to be locked down, if required.
  - **Year of St Francis.** Pope Leo has decreed that a Special Jubilee to St Francis will run from 10 January 2026 to 2027. It is hoped a special pilgrimage (similar to 2025 Pilgrimages) can be organized to visit Shrines of St Francis.
- Important Dates** include:-
- 18 February – 11 April Charity collection for Wyong Neighbourhood Centre
  - 6 March Ecumenical World Day of Prayer - Warnervale.  
Women's Day - St Peter's.
  - 25 March Making of Palm Crosses - St Peter's
  - 2 April Holy Thursday - St John Fisher
  - 3 April Good Friday - St Cecilia's & St John Fisher
  - 4 April Easter Vigil - St Cecilia's
  - 5 April Easter Sunday - St Cecilia's & St John Fisher
  - May/ June / July 200 Club
  - 28 July 'Christmas in July' – St Peter's
  - 25 August High Tea - St Peter's

Thank you to all who attended our annual **Shrove Tuesday Palm Burning Ceremony and BBQ**. It was a great turnout and enjoyed by all. A big thank you to all volunteers who assisted.



## ECUMENICAL WORLD DAY OF PRAYER 2026

**Theme: "I will give you rest: Come"**

To participate in this service or to find out more, check the noticeboard or contact Dulcie Butler on: 0407 912 738 or [dulbru@bigpond.net.au](mailto:dulbru@bigpond.net.au)



World Day of Prayer 2026  
Focus on **Nigeria**



Service date	Fri. 6 <sup>th</sup> March 2026
Location	Warnervale Regional Uniting Church
Address	251 Warnervale Rd. Hamlyn Terrace
Time	10 A.M.
Contact	Dulcie Butler <a href="mailto:dulbru@bigpond.net.au">dulbru@bigpond.net.au</a>

## PLANNED GIVING

Dear Parishioners, should you wish to donate electronically, please see details below or use the QR Code provided.

**We appreciate all offerings and support gifted to our Parish!**



## Property Transfer Professionals

ARLENE BARNETT Licensed Conveyancer - JP  
02 4353 1340 48A Pacific Hwy Wyong  
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## COMMUNION BLESSING

- You can still receive a blessing if you are not Catholic, have not yet received your Sacrament of First Eucharist/Holy Communion, or, if you are Catholic but are not in a state of grace.

To receive a blessing instead of communion during a Catholic Mass, simply approach the priest during the distribution of communion with your arms folded across your chest, and the priest will offer a blessing.

- **Please remember if you are receiving communion, the consecrated host must enter your mouth to be consumed before returning to your seat.**



## UNABLE TO STAND IN LINE FOR COMMUNION? USE THE YELLOW BAND!

Please use the yellow bands located at the back of the Church (in a tub underneath the bulletin shelf) to indicate that you cannot stand in line to receive the Eucharist, by slipping it onto the side of the pew where you will be seated.

Our Priest or Eucharistic Minister will see this and will tend to you at the end of Communion.



We warmly welcome the children who are to be Baptised this Sunday into our Parish community. May the grace of our Lord Jesus bless them and their families.

## Eucharistic Adoration & Benediction—1st March

Adoration and Benediction will be held on the 1st of March following 7:30am Mass from 8:15am—9am. All are welcome and encouraged to participate in this nationwide Holy Hour in preparation for the Eucharistic Congress in 2028.

## St Barnabas Church Yarramalong

1st Sunday of the Month  
Mass will be celebrated at St Barnabas Church, Yarramalong  
**1st March at 11.15am.** All are welcome.

## OFFICE CLOSED

The Parish Office will be closed of **Friday 27th February**. We apologise for any inconvenience.

## FIRST FRUITS OFFERING

*Giving from the Heart*



**Serve Your Parish  
Through Planned Giving**

## HomeCaring wyong

Lifestyle and health solutions  
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Email: [cruz@homecaring.com.au](mailto:cruz@homecaring.com.au)

## MASS TIMES

### ST CECILIA'S CHURCH

23 Byron St Wyong

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00pm Sun 7.30am & 9.30am

**Weekday Mass**

Mon-Sat: 8.00am, Monday 9.15am (School Term)

**Reconciliation/Confession** Saturday morning after the 8am Mass & Saturday at 4.30pm

### ST JOHN FISHER MASS CENTRE

Hicks Lane Tumbi Umbi

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00 pm Sun: 8.30am & 5pm

**Weekday Mass**

Mon, Wed, Thurs 8:00am Tue & Fri: 9.15am

**Reconciliation/Confession** Saturday at 4.30pm

### EMERGENCY PRIEST CONTACT

Fr Raul Ph: 0450 115 099

Fr Alex Ph: 0432 947 245

Fr Teody Ph: 0410 202 823

**PARISH OFFICE:** 23 Byron Street Wyong

**Phone:** 02 4352 1011 **Mail:** Po Box 385 Wyong 2259

**OFFICE HOURS:** Monday -Wednesday & Friday 9.30am to 2.30pm

### PARISH CONTACTS

Parish Priest **Fr Raul Balute, SOLT Ph: 0450 115 099**

Email: [raul.balute@bbcatholic.org.au](mailto:raul.balute@bbcatholic.org.au)

Assistant Priest **Fr Alex Barnedo, SOLT Ph: 0432 947 245**

Assistant Priest **Fr Teody Medina, SOLT Ph: 0410 202 823**

Parish Secretaries **Margaret Vandenberg & Christine Sassine**

**PARISH EMAIL:** [wyongparish@bbcatholic.org.au](mailto:wyongparish@bbcatholic.org.au)

**PARISH WEBSITE:** <https://www.bbcatholic.org.au/wyong/>

**FACEBOOK:** [www.facebook.com/wyongcatholicparish](http://www.facebook.com/wyongcatholicparish)

### Children's Liturgy at the following Masses

St Cecilia's 5:00pm Mass Saturday

St Cecilia's 9.30am Mass Sunday

St John Fisher 5pm Mass Sunday

### Mass St Barnabas, Yarramalong

1st Sun of month 11.15am

### Filipino Mass St Cecilia's Church

3rd Sun of the month 12pm

### Anointing of the Sick

### First Friday of the Month

St Cecilia's During 8.00am & 11.30am Mass

St John Fisher During 9.15am Mass

### Eucharistic Adoration

St Cecilia's Daily 7am-8am

St John Fisher 1st Fri 8.45 - 9.15am

### Devotion to Our Lady of Perpetual Help

St Cecilia's Sat after 8am Mass

St John Fisher Wed after the 8am Mass

### Devotion to the Divine Mercy

St Cecilia's Fri after the 8am Mass

St John Fisher Fri after the 9:15am Mass

### Prayer groups

St Cecilia's Rosary Group Tues after 8am mass followed by Divine Mercy

St Cecilia's Legion of Mary, Wed 9.15am in Parish Hall.

### Meetings

St Cecilia's Choir practice every Tues night 5pm to 6pm

### **Parish Pastoral Council Meeting**

PPC Secretary: Kerry Bugden

Ph: 02 4388 2938

**BAPTISMS, WEDDINGS AND FUNERALS**  
PLEASE CONTACT THE PARISH OFFICE

## KEEP US IN YOUR PRAYERS

**Prayer:** *The most valuable gift you can give someone.*

**SICK:** Michele Bolton, Jeanine Doueihi, Lisa Glanville, Margaret McDermott, Dave Rodney, Danae Roe, Milva Kefu, Georgina Mastroianni, Tahniah Ahuriri, Mary Anne Xuereb, Badwi Laoulach, Maureen Cross

### **RECENTLY DECEASED:**

Michael McDermott, Sauhaela Sabat, Delma Baker, Antoni Szczur

### **ANNIVERSARY FEBRUARY:**

Bill Cullinan, John Kiernan, Rosie Attard, Natividad Dieta, Rita Muscat, Rod McCarthy, Victor Gibbs, Frank Costa, Blino Sakr



## SAFEGUARDING MESSAGE

Wyong parish is committed to safeguarding. All children, young persons and vulnerable adults have a right to feel safe and be safe. If you have a concern about the safety of anyone in the parish, please raise your concern with Fr Raul, Fr Alex or

Fr Teody on the contact details provided above; or, Anne Hooley: 0428 149 793 or, Maureen Roast: 0435 245 849.

## THE LITURGY OF THE WORD

### First Reading Genesis 2:7-9, 3:1-7

A reading from the book of Genesis

The Lord God fashioned man of dust from the soil. Then he breathed into his nostrils a breath of life, and thus man became a living being.

The Lord God planted a garden in Eden which is in the east, and there he put the man he had fashioned. The Lord God caused to spring up from the soil every kind of tree, enticing to look at and good to eat, with the tree of life and the tree of the knowledge of good and evil in the middle of the garden.

The serpent was the most subtle of all the wild beasts that the Lord God had made. It asked the woman, 'Did God really say you were not to eat from any of the trees in the garden?' The woman answered the serpent, 'We may eat the fruit of the trees in the garden. But of the fruit of the tree in the middle of the garden God said, "You must not eat it, nor touch it, under pain of death".' Then the serpent said to the woman, 'No! You will not die! God knows in fact that on the day you eat it your eyes will be opened and you will be like gods, knowing good and evil.' The woman saw that the tree was good to eat and pleasing to the eye, and that it was desirable for the knowledge that it could give. So she took some of its fruit and ate it. She gave some also to her husband who was with her, and he ate it. Then the eyes of both of them were opened and they realised that they were naked. So they sewed fig-leaves together to make themselves loin-cloths.

The word of the Lord.

**Thanks be to God.**

### Responsorial Psalm Ps 50:3-6, 12-14, 17

R. Be merciful, O Lord, for we have sinned.

### Second Reading Romans 5:12, 17-19

A reading from the letter of St Paul to the Romans

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. If it is certain that death reigned over everyone as the consequence of one man's fall, it is even more certain that one man, Jesus Christ, will cause everyone to reign in life who receives the free gift that he does not deserve, of being made righteous. Again, as one man's fall brought condemnation on everyone, so the good act of one man brings everyone life and makes them justified. As by one man's disobedience many were made sinners, so by one man's obedience many will be made righteous.

The word of the Lord.

**Thanks be to God.**

### Gospel Acclamation Matthew 4:4

Praise to you, Lord Jesus Christ, king of endless glory!

No one lives on bread alone,

but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

### Gospel Matthew 4:1-11

A reading from the holy Gospel according to Matthew

Jesus was led by the Spirit out into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, after which he was very hungry, and the tempter came and said to him, 'If you are the Son of God, tell these stones to turn into loaves.' But he replied, 'Scripture says:

Man does not live on bread alone

but on every word that comes from the mouth of God.'

The devil then took him to the holy city and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said, 'throw yourself down; for scripture says:

He will put you in his angels' charge,

and they will support you on their hands

in case you hurt your foot against a stone.'

Jesus said to him, 'Scripture also says:

You must not put the Lord your God to the test.'

Next, taking him to a very high mountain, the devil showed him all the kingdoms of the world and their splendour. 'I will give you all these', he said, 'if you fall at my feet and worship me.' Then Jesus replied, 'Be off, Satan! For scripture says:

You must worship the Lord your God,

and serve him alone.'

Then the devil left him, and angels appeared and looked after him.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

# LENT 2026 WITH THE CATHOLIC GUY, BRUCE DOWNES

Lent is a time when we can grow closer to God and prepare our hearts for the true meaning of Easter.

Be inspired. Be refreshed. Be renewed!

For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you can sign up here:

<https://brucedownes.org/lent-2026-sign-up/>

Go to BruceDownes.org for more information.

Please pass this invitation on to your families and friends and we pray this will be a time of great renewal for you personally and in the people whom you lead.

Kind Regards

Sandra Purcell

The Catholic Guy Ministry



World Day of Prayer 2026  
Focus on **Nigeria**



Service date	Fri.6 <sup>th</sup> . March 2026
Location	Warnervale Regional Uniting Church
Address	251 Warnervale Rd. Hamlyn Terrace
Time	10 A.M.
Contact	Dulcie Butler <a href="mailto:dulbru@bigpond.net.au">dulbru@bigpond.net.au</a>

Dear Friends,

**WORLD DAY OF PRAYER**

It gives me great pleasure on behalf of Warnervale Regional Uniting Church to invite you and your friends to the 2026 World Day of Prayer. The service will be held on Friday, 6<sup>th</sup> March, 2026 at the Warnervale Regional Uniting Church, 251 Warnervale Road, Hamlyn Terrace. NSW 2259, commencing at 10:00 a.m.

The theme this year is "I will Give You Rest: Come". The country we will be focusing on is Nigeria.

World Day of Prayer is ecumenical, so if anyone is interested in being part of this Service please let me know. Ways you can help include prayers (already prepared), bible reading, musician, support prayers.

I will be having a get together planning meeting on Tuesday 13<sup>th</sup> January, 2026 at WRUC at 10:00 a.m. for anyone interested in taking part in the World Day of Prayer or wanting to know more about it. Then a further meeting 24<sup>th</sup> February, 2026 at the same venue and same time to finalise the Service.

If you are interested and are unable to attend the meeting, please let me know.

I am going to be away from 19/1/2026 to 16/2/2026, so if you wish to contact during those dates please email or text me.

My contact details are above.

Warm regards,

Dulcie Butler.  
Co-ordinator.



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# Accessible Church Mass

Holy Cross Church, South Kincumber

Sunday 8 March 2026

We are pleased to announce that an Accessible Mass is being offered at Holy Cross Catholic Church, South Kincumber, designed to be welcoming and inclusive for people of all abilities, including individuals and families living with disability, neurodiversity, or additional needs.

**10.30am Second Sunday of each month  
commencing Sunday 8 March 2026**

**Holy Cross Catholic Church, 9 Humphreys Rd, Kincumber South 2251**

This Mass is offered in a supportive, flexible, and understanding environment where people are welcome to participate in ways that feel comfortable for them. Families, carers, and support workers are warmly invited to attend. The church is accessible, wheelchair-accessible toilets are available adjacent to the church and we are making efforts to be sensory aware

To help us offer the best possible welcome, we would appreciate any requests for specific accessibility or support needs being shared in advance.

Please contact Mission Broken Bay [mission@bbcatholic.org.au](mailto:mission@bbcatholic.org.au)

We invite parishes, schools, and special education communities to share this information with families, students, staff, and parishioners who may benefit from a more accessible liturgical setting. Thank you for helping us continue to build parish communities that are welcoming, inclusive, and grounded in dignity for all.

## **Formation Opportunity**

Breaking Open Dilexi Te - Apostolic Exhortation Of The Holy Father Leo XIV To  
All Christians On Love For The Poor

Join parish leaders from across the Diocese for a practical and accessible day of formation in social justice ministry. Build your confidence, connect with others, and gain useful tools to support your parish work. Breaking Open Dilexi Te : Discover the powerful teachings of Pope Leo XIII and how they can inspire your leadership today.

All parish social justice ministers, volunteers and leaders are warmly invited.  
Follow the link to register today: [Breaking Open Dilexi Te](#)

**Date: 28 March 2026**

**Time: 10:30 am – 4:00 pm**

**Venue: Ambrose Centre, 12 Ashton Ave, The Entrance NSW 2261**

*Reproduced from Neighbourhoods 29 January 2026*



# Carmel House Retreats 2026

**MAY  
20-24**

**Pentecost Intensive  
RUAH**

"He breathed on them and said to them, 'Receive the Holy Spirit'". Jn 20:22  
The Ruah (breath) of God renews each soul that receives its power. Embrace the gift of the Holy Spirit through fellowship, inputs, prayer and practical workshops and help renew the face of the earth  
<https://www.trybooking.com/DIDAV>.

**OCT  
16-18**

**Hand Made  
Creative Healing Retreat**

"In his hand is the life of every creature." Job 12:10  
Come away for a weekend of reflection on how carefully God has made and upheld your life through different creative prayer experiences.  
<https://www.trybooking.com/DIDCB>

**JUNE  
27**

**GARDENS  
Day Retreat**

"Grieve not as those who have no hope." 1 Thess 4:13.  
Spend a day reflecting on how while we experience pain, grief and loss in life, we can also discover in such moments that God is renewing us and doing "a new thing" (Rev 21:4) within us.  
<https://www.trybooking.com/DIDBD>

**NOV  
14**

**ALIVE  
Holy Spirit Family  
Retreat Day**

Your family has been carefully chosen and put together by God and has an important mission entrusted only to you.  
Discover as a family the power of the Holy Spirit to live with boldness and love!  
<https://www.trybooking.com/DIDCJ>

**AUG  
28-30**

**HOMECOMING  
Silent Retreat**

"His father saw him, ran to his son, threw his arms around him and kissed him." Lk 15: 20  
Your heavenly Father waits for you to come away with him for a weekend of silently soaking in his great love for you. Embrace this opportunity for encountering deep peace and serenity.  
w/e: <https://www.trybooking.com/DIDBK>  
extensive: <https://www.trybooking.com/DIDBU>

Missionaries of God's Love  
**Sisters**



**Carmel House**  
345 St Andrews Rd, Varroville NSW 2566  
[mglisters.sydney@gmail.com](mailto:mglisters.sydney@gmail.com)  
[mglisters.org](https://www.mglisters.org)

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## MAGI PILGRIMAGES

### **FOOTSTEPS OF ST PAUL (5th - 20th May 2026)**

Fr. Sebastian A.M invites you to a journey in the footsteps of St. Paul, reliving the Acts of the Apostles and exploring the letters of the New Testament. Explore Greece and Turkey with a 3-night Greek Islands cruise in this 14-day pilgrimage for an all-inclusive price of \$9790+ tips (25+ pilgrims). The early bird price expires on January 30th.

### **SAINTS OF ITALY (8th - 21st June 2026)**

Fr. Franco Filippetto invites you to a 14-day journey to Italy, visiting Milan, Padua, Siena, Assisi, Rotondo, Sorrento, and Rome, with an all-inclusive price of \$ 9,290 + tips (for 30+ pilgrims). The early bird price expires on January 30th.

The fare includes Return Economy Airfares + Local Transfers in Deluxe coaches + Stay in 4-star Premium Hotels, Meals + English speaking professional guides + Entrances as per itinerary and more. For inquiries & bookings call 03 8839 6615 or email us [pilgrimage@magiholidays.com.au](mailto:pilgrimage@magiholidays.com.au)

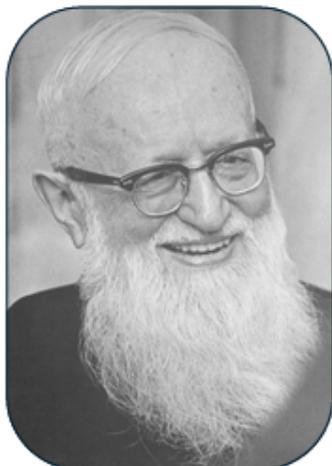
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BOOK NOW!



*Schoenstatt Sisters*  
CENTENARY YEAR  
*Pilgrimages!*

# PILGRIMAGES CAN INCLUDE...



## HOLY MASS

- In the Shrine, House Chapel or Family Hall
- Come with own priest
- Existing Masses at Mount Schoenstatt on Thursdays & Sundays at 11am

## CONFESSION

- Available with own priest only

## PRAYER

- Devotion
- Rosary
- Stations of the Cross
- Private

## TALK BY A SISTER

- About Schoenstatt and the sisters community



## MEALS

- BYO
- Morning tea, lunch & afternoon tea available at a cost

## PIETY STORE

- Gifts
- Souvenirs
- Religious items

Plenary indulgence available  
until **4<sup>th</sup> NOVEMBER 2026**

*Tailor your pilgrimage  
to suit your needs!*

**ALL PILGRIMAGES BY DONATION!**

**CONTACT**



**SR M. OLIVIA**



**0473 201 525**

**sister.m.olivia@gmail.com**

## WANT TO JOIN OUR FRIENDSHIP PROGRAM?

CatholicCare are seeking volunteers for our Aged Care Volunteers Visitors Scheme (formerly known as the Community Visitors Scheme). As a volunteer, you will visit seniors in a local aged care facility or in their own home and help improve their quality of life. Our volunteers have the flexibility to choose a day and time that suits them, we just ask for a commitment of at least one hour per fortnight.

Affectionately referred to as CatholicCare's 'friendship program', you will be able to build new connections and positive relationships with someone who will greatly appreciate your company. Please call (02) 9481 2600 or visit [www.catholiccaredbb.org.au/volunteer/](http://www.catholiccaredbb.org.au/volunteer/) for more information



*CatholicCare*  
Diocese of Broken Bay

# VOLUNTEERS NEEDED

AGED CARE VOLUNTEER VISITORS SCHEME

[www.catholiccaredbb.org.au/volunteer](http://www.catholiccaredbb.org.au/volunteer)

# Discover and share in our story

The Sisters of Charity Heritage Centre brings alive the spirit of the Congregation, it's history and heritage.

Australia's first religious sisters have been of service to the community regardless of creed, wealth or ethnicity, for over 185 years.

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**Tuesday – Thursday**  
**10.00am-3.00pm or by appointment**  
**Free entry, parking available**  
**Bookings recommended**

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*You too are part of this continuing and living heritage and we'd love to welcome you.*

1 Rockwall Cres, Potts Point, NSW  
T: 02 9138 0835  
W: [socheritagecentre.org.au](http://socheritagecentre.org.au)  
E: [heritagecentre@rscoffice.com](mailto:heritagecentre@rscoffice.com)



**Sisters  
of Charity**  
of Australia

**HERITAGE  
CENTRE**



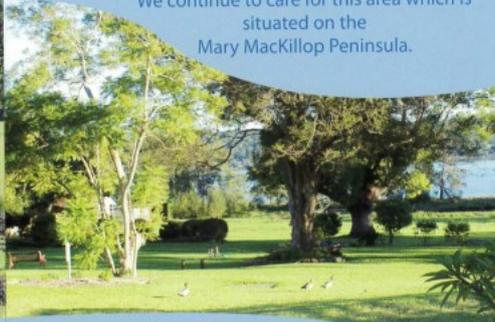
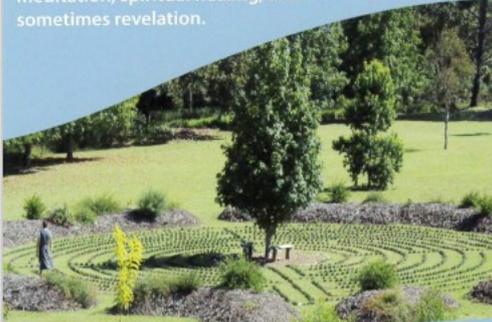
# St Joseph's Spirituality and Education Centre Kincumber South

The abundance of natural beauty which surrounds the Centre will ensure your stay is unforgettable, enjoyable and restful.

The labyrinth is a place for prayer, meditation, spiritual healing, and sometimes revelation.

We acknowledge the original owner of this land and pay tribute to The Darkinjung Nation and the Guringai people who have cared for this land with love and respect.

We continue to care for this area which is situated on the Mary MacKillop Peninsula.



## Peace and Tranquility



Historical Holy Cross church built in 1842 presents itself right in front of our Centre.



A Ministry of the Sisters of St Joseph  
NSW Province

*The Congregation of the Sisters of St Joseph, founded by Mary MacKillop and Julian Tenison Woods in 1866, was devoted to the service of the poor. Its members were women who worked in a simple ordinary way to bring to the poor the message of their human dignity and of Christ's saving love. Today the Sisters of St Joseph continue that founding mission to relieve suffering and bring hope to today's world.*

### St Joseph's Spirituality & Education Centre

8 Humphreys Road, Kincumber South, NSW 2251  
Phone: 02 43682805 : Fax: 02 43683849  
Email: [bookings@stjosephsretreat.org.au](mailto:bookings@stjosephsretreat.org.au)  
Web: [www.stjosephskincumber.org.au](http://www.stjosephskincumber.org.au)

*St Joseph's Spirituality and Education Centre offers the opportunity for individuals and groups to experience spiritual enrichment and personal development in a peaceful and spacious setting. The facilities are available to those whose purpose is in harmony with the spirit and philosophy of the Sisters of St Joseph.*



## Location

St Joseph's Spirituality and Education Centre is located at Kincumber South, in a natural bushland setting, in a quiet corner of the beautiful Central Coast of NSW.

The spacious grounds front the Kincumber Broadwater, creating an atmosphere of tranquility and peace that enhances the spiritual and reflective nature of the Centre.

A perfect place where people can be recharged, re-energized and spend precious time connecting with God, each other and nature.

## Services

Dedicated staff are on hand to advise and to ensure the smooth running of your group's activities.

You can be certain of our personalised & professional service from start to finish for your conference, meeting or seminar.

The Centre is open to people of all faiths and beliefs and is a warm and welcoming place respecting cultural and religious differences.

Meals are prepared on site, catering for special dietary requirements.

Morning and afternoon tea are all homemade.

## Facilities

St Joseph's is a smoke free environment.

The quality and presentation of the accommodation add to the overall ambience of the Centre.

A maximum of 54 people can be accommodated in 35 double, twin, or single rooms, all with modern ensuites.

Ramp and lift access to rooms is available, some bathrooms are wheelchair friendly.

Our facility hosts  
Retreats  
Conferences  
Group Seminars  
Small Group Meetings  
Bible Study Groups  
Prayer Days

Sound and visual equipment for conferences are available on request.

### Walking Tracks and Gardens

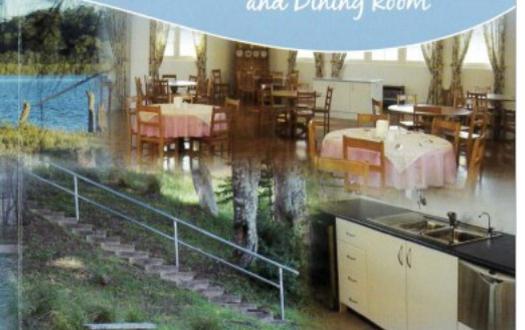
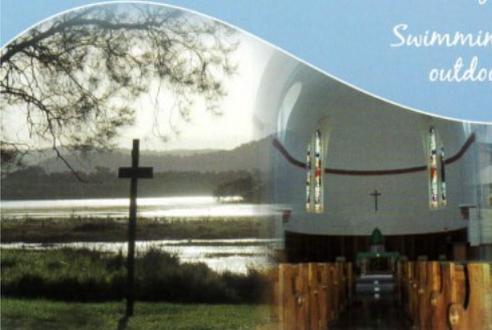
### Meditation Areas and Mary of the Cross Walk

### Swimming pool and outdoor patio

### Chapel and prayer rooms

### Conference Rooms

### Lounge, Tea Bays and Dining Room



# WE ARE PROUD TO ANNOUNCE OUR NEW ACCREDITATION FOR HOME CARE PACKAGES

CatholicCare is our social care agency in the Diocese of Broken Bay and we have been supporting the Northern Sydney, Northern Beaches and Central Coast communities for 35 years.

We understand many seniors prefer to stay at home as they age. The Government's funding for Home Care Packages can help you live independently at home for longer.

We want to know if our Home Care Packages are of interest to you, or a loved one and want to prioritise the needs of our parishioners before we promote to the general public. As a Catholic organisation we want the seniors we support to know they are truly cherished and valued and we're confident our services will be very well received.

*There's no obligation to partner with CatholicCare. We may contact you to discuss your needs, but you're welcome to opt-out at anytime.*

Name \_\_\_\_\_

Suburb \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

Do you currently have Home Care Package funding from the Government?

Yes       No       Unsure

Do you need help applying for a Home Care Package?

Yes       No       Maybe

Is there any other feedback you'd like to provide?

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Take a photo of this completed form and email to [info@catholiccareddb.org.au](mailto:info@catholiccareddb.org.au) or text a photo of the form to 0481 602 046. Thank you.

## CATHOLICCARE BROKEN BAY

### Do you have a problem that you can't solve on your own?

When feelings become overwhelming or confusing, counselling can be very helpful. We work with you to overcome challenges and stress.

We work with you, assisting you to face challenges and stressors, coming up with sugges-

tions to tackle or resolve these challenges. We listen, talk through experiences and help you think about ways forward. Common issues addressed in counselling include family transitions, communication issues, work/life balance, conflict, parenting after separation, grief and loss and decision making. We offer a welcoming, inclusive environment and a safe space for all ages. CatholicCare offers Government funded, fee for service and NDIS approved therapy options for yourself, your children and as a family unit.

To access this service please call 1800 324 924 or visit [www.catholiccaredbb.org.au](http://www.catholiccaredbb.org.au).



# Key Telephone Numbers

## KEY TELEPHONE NUMBERS

### **POLICE: 000**

Call the Police for immediate assistance.

### **1800 RESPECT: 1800 737 732**

A national 24-hour 7 day a week service, for advice or support in relation to sexual assault and domestic violence. The service also connects victims to the nearest help according to their location.

### **FOR NON-ENGLISH SPEAKERS**

Call 131 450 for an interpreter. Ask them to ring 1800 RESPECT for you.

### **CATHOLICCARE BROKEN BAY**

CatholicCare provides a range of services to assist women and children experiencing domestic violence

Central Coast: 1800 324 924	Northern Beaches: 1800 324 924
Naremburn: 1800 324 924	Waitara: 1800 324 924

### **MEN'S REFERRAL SERVICE: 1300 766 491**

A national 24-hour 7 day a week anonymous and confidential counselling, information and referral service to help men stop using violent and controlling behaviour.

## FOR FEMALE MIGRANTS UNDER A TEMPORARY VISA

Migrants are especially vulnerable to abuse because they are in unfamiliar territory without knowledge of the laws and emergency services they can access.

If you are experiencing domestic violence, you can take out an Apprehended Violence Order (AVO) against your partner.

Under the Migration Act you can apply for permanent residency due to domestic violence.

Ring any of the following numbers:

<b>Immigration Advice and Rights Centre</b>	<b>02 8234 0777</b>
<b>Immigrant Women's SpeakOut Association</b>	<b>1800 656 463</b>
<b>Legal Aid NSW</b>	<b>1300 888 529</b> (business hours)

**PHYSICAL AND SEXUAL ABUSE ARE SERIOUS INDICTABLE OFFENCES UNDER THE NSW CRIMES ACT 1900.** It is an offence to fail to report knowledge or belief of a serious indictable offence. If in doubt, call 000.

This parish resource has been developed by the Diocese of Broken Bay's Catholic Life & Faith Formation Team in consultation with the Safeguarding Office (Chancery) and CatholicCare Broken Bay. This booklet is part of a Parish Kit which assists parishes to respond to those experiencing domestic violence or those who are seeking help for their violent behaviour. The kit is available for download [www.bbcatholic.org.au](http://www.bbcatholic.org.au)

[www.bbcatholic.org.au](http://www.bbcatholic.org.au)



**CATHOLIC  
DIOCESE OF  
BROKEN BAY**

# SAFEGUARDING is everyone's responsibility



Everyone must practice **A DUTY OF CARE**. We are called to step up and speak out.

Need to be listening & watching to understand if there are any concerns and take them seriously



Tell one of our designated persons in authority

- Fr Raúl 0450 115 099
- Maureen Roast 0435 245 849
- Anne Hooley 0428 149 793

Contact will be made with Diocesan Safeguarding Office



Our Community is **SAFE**